

Graduate Medical Education Program Information

Specialty: Internal Medicine

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GME: Internal Medicine

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Mission

The Department of Medicine at Navy Medicine Readiness & Training Command San Diego (NMRTC SD) is committed to the education of residents in general internal medicine. The primary mission of our training program is to provide a well-rounded educational experience in the broad field of internal medicine. We are a multifaceted training program, providing tailored experiences that develop residents into leaders in internal medicine. The program provides the opportunity for residents to work and learn in a variety of diverse and unique environments while keeping the Four Aims of the program in mind – Care of the Community, Clinical Excellence, Continuous Improvement and Medical Education.

Aims

Aim 1: Care of the Community. Graduates of the program are well prepared to begin the practice of general internal medicine in any environment, with the additional capabilities expected of those serving in the armed forces. Residents will gain patient-based educational experience that emphasizes diseases and problems common to internal medicine.

Aim 2: Clinical Excellence. Our mission is to train superb internal medicine physicians to pursue careers in clinical practice, academic medicine, research, or administration. Internal Medicine faculty all work in the inpatient and outpatient settings. Given their educational roles in both venues, they are uniquely positioned to educate future leaders in internal medicine. Through one-on-one

mentorship and clinical coaching, our residents learn the prerequisite skills necessary for clinical excellence.

Aim 3: Continuous Improvement. The practice of medicine is changing - dramatically. While the doctor / patient relationship is still paramount to providing effective, patient-centered care, there is a growing need to recognize, appreciate, and help mold the systems and environments in which we practice. This requires new graduates to have a firm command of systems of care, quality and process improvement, and transitions of care. The NMCSO internal medicine program and faculty foster a culture of innovation and safe, high-quality patient care.

Aim 4: Medical Education. Many of our internal medicine residency graduates go on to pursue careers in medical education. We believe the rich academic environment, coaching, and diverse mentorship aid residents in their career decision-making process. The emphasis that NMCSO internal medicine faculty place on education is exceptional and includes strong involvement at both the medical student and resident level. Internal Medicine residents receive training on improving their teaching skills and providing feedback. In addition, residents are also taught by leaders in medical education, policy, and accreditation, which allows them to learn the “language” and national trends in medical education.

Program Description

- **Accreditation Status:** The Internal Medicine residency program has been accredited since its inception on December 1, 1958.
- **Length of Training:** 3 years
- **Training Complement:** The Internal Medicine Residency program at Naval Medicine and Readiness Training Command San Diego is a premier residency program in the Department of Defense. The residency program typically matches 15 PGY1 residents, and 11 residents to both the PGY2 and PGY3 classes. The program provides all clinical and leadership opportunities and experiences required for success in General Internal Medicine around the globe. Graduates of the program are currently serving in every facet of Navy Medicine, to include executive medicine, academic medicine, and operational medicine.

Rotations

PGY1 Rotations	Sites	PGY2 Rotations	Sites
Medicine Wards x 4	NMCS D	Medicine Wards x 4	NMCS D
Medicine Wards	Scripps	ICU x 2	NMCS D
Emergency Medicine	NMCS D	CCU x 2	NMCS D
CCU	NMCS D	Jr. Hospitalist	NMCS D
ICU	Scripps	Cardiology	NMCS D
Night Float	NMCS D	Elective	NMCS D
Neurology	NMCS D	Elective	NMCS D
Psych/OB (2wks ea)	NMCS D	Elective	NMCS D
Elective	NMCS D		
Elective	NMCS D		

PGY3 Rotations	Sites
Medicine Wards x 3	NMCS D
Medicine Wards	Scripps
CCU	NMCS D
ICU	Scripps
Jr. Hospitalist x 2	NMCS D
Hematology/Oncology	NMCS D
Geriatrics	Scripps
Elective	NMCS D
Elective	NMCS D
Elective	NMCS D

Academic Curriculum

Military Unique Curriculum

Graduates of our program will be well-prepared to begin the practice of general internal medicine in any environment with the additional capabilities expected of those serving in the armed forces. Trainees represent communities and cultures from across the United States that, upon graduation, will practice in operational, inpatient, outpatient, research and academic settings and potentially participate in additional subspecialty training.

Graduates will serve a diverse group of active duty service members, dependents, and retirees in addition to potentially treating foreign nationals and citizens of foreign countries. Residents will gain patient-based educational experience that emphasizes the knowledge and skills needed to manage patients with both acute and chronic diseases common to internal medicine in a wide variety of national and international settings.

For information pertaining to compensation and benefits please visit the NMRTC GME Resources website at <https://sandiego.tricare.mil/Graduate-Medical-Education/GME-Programs/Resources-FAQs>

