

Graduate Medical Education Program Information

Specialty: Psychiatry

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Address: Navy Medicine Readiness & Training Command
GME: Psychiatry Residency Program
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Mission

The mission of the Psychiatry Residency Program at NMCSO is to develop military psychiatrists with the skills, knowledge, and attitudes necessary to provide high quality diagnostic, therapeutic, and preventive management of all psychiatric and related medical amongst populations of all genders, ages, ethnicities, and social situations with a special emphasis on active duty members of the armed forces and their families.

Aims

- To train and develop residents in the skills, knowledge, and attitudes necessary to provide the highest quality diagnostic, therapeutic, and preventive management of all psychiatric and related medical disorders, for males and females of all age groups, ethnicities and social situations through education, quality clinical care, leadership development, promotion of wellness, and scholarship.
- To incorporate a special emphasis on the psychiatric care of active duty members of the armed forces and their families.

Program Description

- Accreditation Status: ACGME Fully Accredited: Yes
- Length of Training: 4 years
- Training Complement: Currently, 26; beginning 1 July 2022; 32 (8-8-8-8)

The psychiatry residency program at NMCS D was established in 1981. The PGY2 class is made up of a combination of straight through trainees and those returning from a General Medical Officer tour. Didactics are given weekly to all year groups, the program includes over 50 courses. Research is also a required component of the residency training experience.

Rotations

| PGY1 Rotations | Sites | PGY2 Rotations | Sites |
|-------------------------|--------------|-----------------------|--------------|
| Emergency Medicine | NMCS D | Inpatient Psychiatry | NMCS D |
| Medicine Wards | NMCS D | Inpatient Psychiatry | UCSD |
| Adolescent Medicine | NMCS D | Geriatric Psychiatry | UCSD |
| Family Medicine | NMCS D | Addiction Psychiatry | VA |
| Neurology | NMCS D | Emergency Psychiatry | NMCS D |
| Addiction Psychiatry | NMCS D | Night Float | NMCS D |
| Consult Psychiatry | NMCS D | Consult Psychiatry | UCSD |
| Child Psychiatry (Inpt) | RCH | | |
| Inpatient Psychiatry | NMCS D | | |

| PGY3 Rotations | Sites | PGY4 Rotations | Sites |
|--------------------------|--------------|-------------------------|--------------|
| Adult Outpatient | NMCS D | Adult Outpatient | NMCS D |
| Child Psychiatry (Outpt) | NMCS D | Consult Psychiatry | NMCS D |
| Community Psychiatry | VA | Emergency Psychiatry | NMCS D |
| Community Psychiatry | UCSD | Operational Psychiatry | NMCS D |
| | | Inpatient Psychiatry | NMCS D |
| | | Elective (5 – 6 months) | NMCS D |
| | | Research | NMCS D |

Academic Curriculum

The academic curriculum is the structural plan for the residency and is based on the ACGME Psychiatry Residency Program requirements.

The main elements of the curriculum include:

- Weekly scheduled didactic courses (1 hour for PGY1, 3-4 hours for PGY2 and 3, 1-2 hours for PGY4), journal clubs, conferences, seminars, Grand Rounds, and Training Directors Rounds.
- Individual supervision on rotations
- Global supervision (not associated with a specific rotation)
- Therapy supervision (Psychodynamic, Cognitive Behavioral, and Trauma-Focused modalities)
- Research (1 day of protected time for admin and research during PGY3 year)
- Military Professional and Leadership Development
- Supplemental activities
 - Operational Psychiatry
 - Psychotherapy Trainings

For information pertaining to compensation and benefits please visit the NMRTC GME Resources website at <https://sandiego.tricare.mil/Graduate-Medical-Education/GME-Programs/Resources-FAQs>
