# Graduate Medical Education Program Information

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#### Mission

The Mission of the Transitional Year Residency Program at Naval Medical Center San Diego is to develop the natural curiosity in every intern, instill the courage to advocate for their patients and themselves, and provide the tools to make an impact where they go.

#### Aims

- Provide a comprehensive and well-balanced program of graduate medical education in multiple clinical disciplines to facilitate the choice of and the preparation for a specific specialty, as well as to prepare for operational military medical tours
- Commit to physician wellness through faculty mentoring, active participation, and focused use of abundant resources
- Promote individual development as leaders and as teachers by providing opportunities to serve as leaders and teachers throughout the hospital
- Effectively utilize simulation to gain experience and competency in essential medical procedures
- Develop a culture of commitment to patient safety and quality improvement through the instruction of skills, tools and attitudes necessary for these key components of medicine reinforced by active individual participation
- To understand that physicians must take an active role in multidisciplinary teams to advocate for safe and effective patient care

- Use a structured mentorship program to facilitate development of leadership skills and assist in the identification of and steps towards individualized career goals
- Continue to support resident opportunities to complete research and other scholarly activity to foster their intellectual curiosity and enhance the future of medicine

## Program Description

- Accreditation Status: Full accreditation by ACGME since 1983.
- Length of Training: 52 Weeks
- Training Complement: 27 approved by ACGME.

### Rotations

PGY1 Rotations	Sites
Sports Medicine	NMCSD
Internal Medicine Wards	NMCSD or Scripps Mercy
Obstetrics and Gynecology	NMCSD
Psychiatry	NMCSD
Pediatric Wards	NMCSD
Intensive Care Unit	NMCSD
Cardiac Care Unit	NMCSD
Emergency Medicine	NMCSD
Family Medicine	NMCSD
Trauma Surgery	Scripps Mercy

# Elective Rotations (3) at NMCSD Include:

Anesthesia	
Dermatology	
Plastic Surgery	
Infectious Disease	
Pathology	
Military Executive Medicine	
Medical Education	
Ophthalmology	
Research	
Operational Medicine	
Otolaryngology	
Radiology	
Radiation Oncology	
Urology	
Neurosurgery	

# Academic Curriculum

Core Didactics Include:

- A host of didactics based on current rotation.
- Dedicated weekly TY-specific lectures on medical topics relevant to general and operational medicine.
- Dedicated weekly TY-specific lectures on professional development.
- Regular simulation sessions covering commonly encountered scenarios as well as rare but critical clinical skills.
- Regular mentorship and team-building events.
- Quarterly journal club, quality-improvement project opportunities.

Other educational opportunities include:

- Research
- Quality Improvement
- Combat Casualty Care Course (C4)
- Operational Medicine Symposium
- Johns Hopkins Modules

For information pertaining to compensation and benefits please visit the NMRTC GME Resources website at <u>https://sandiego.tricare.mil/Graduate-Medical-Education/GME-Programs/Resources-FAQs</u>